

DVA Issues

Veteran Suicide – Time for Reflection.

The Defence Force Welfare Association (DFWA) welcomes the release of the fourth Australian Institute of Health and Welfare (AIHW) Report on suicide among members of the ADF and Veteran communities. It is timely.



In speaking on behalf of DFWA, its National President, Mr Kel Ryan, said that the report is a salutary reminder that we all must tread warily when the issue of veteran suicide is discussed.

He went on to observe that:

"Earlier reports included data from 1 January 2001. This current report expands on this earlier work and validates historical data sources on the veteran community going back to 1 January 1985. This has enabled a more complete data base and now includes all veterans with one day or more service. The population under consideration has been doubled'.

DFWA welcomes this addition to the study of veteran suicide.

Release of the AIHW Report as the Royal Commission into Veteran Suicide commences its work is opportune and must prompt us all to respect the process that is now under way. It is not a time for a media or social media deluge of attention on veteran suicides or the process that has brought us to the present time. It is a time to respect the families of those who have taken their own lives.

Ms Gwen Cherne the Veteran Family Advocate Commissioner has so elegantly stated that this AIHW Report is but one layer of layer on layer of data that will allow us all to move forward in addressing the scourge of veteran suicide."

Tragically 1,273 ex ADF men and women have taken their own lives over the past 20 years, that's more than one a week.

DFWA commends the AIHW for this Report which you can read <u>HERE</u>.



Covid Vaccinations.

Vaccinations are currently top of everyone's mind. Regardless what some people might think, they are the best way to protect yourself and your community and, not surprisingly, well informed veterans have been asking for information about how to get a COVID vaccination and about how to access their vaccination certificate.



The information below should answer most of your questions so, please, share this with your members and networks.

Booking your vaccination

The simplest way to check your eligibility and book a vaccination is through the Department of Health's COVID-19 Vaccination page (<u>HERE</u>).

Getting your vaccination certificate

Once you've had the jab, there are a few ways that you can get your vaccination certificate. The simplest way is to ask your vaccination provider to print a copy for you. Alternatively, you can phone the Australian Immunisation Register (AIR). Call their dedicated Veteran and Defence Support Line on 1800 653 809, select Option 4 and the helpful hotline staff can mail you a copy of your certificate.

COVID-19 Disaster Payment.

From 2 August 2021, NSW resident veterans and family members may be eligible for the COVID-19 Disaster Payment.

This payment will be available to those who have lost working hours due to a COVID-19 public health order, including those who receive an income support payment such as:



- Service Pension
- Income Support Supplement
- Veteran Payment
- Age Pension paid by DVA
- Education Allowance



Different rates of payment are available depending on individual circumstances. The COVID-19 Disaster Payment will be made by Services Australia. Applications can be made through your myGov account.

There is a Dept of Health video which will explain who is eligible and if so, how to make a claim. You can see it <u>HERE</u>.

Disability Pension changes.

From 1 January 2022, pending passage of legislation, the DVA Disability Pension will be removed from the income test for Social Security payments. This will simplify the way income support payments are calculated, indexed, and

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administered by DVA and Services Australia. The initiative will exempt the Disability Pension from the Social Security Act 1991 income test and the rent assistance test under the Veterans' Entitlements Act 1986.

As part of these changes Disability Pension will be re-named 'Disability Compensation Payment' to better reflect the nature of the payment. The Defence Force Income Support Allowance (DFISA) will no longer be paid because the Disability Pension will not reduce income support payments from Centrelink and Age Pension from DVA. These payments to affected Disability Pension recipients and their partners may increase.

DVA Disability Pension will no longer affect the Rent Assistance of Service Pension, Income Support Supplement and Veteran Payment recipients. This means that Disability Pension recipients and their partners may receive increased Rent Assistance payments, or receive Rent Assistance for the first time if they are renting privately. DVA will contact you towards the end of 2021 if you may become entitled to Rent Assistance to invite you to update your accommodation details so that your Rent Assistance is calculated on up to date information. You can update your details online using MyService via myGov. If this is not possible, you can contact DVA via phone 1800 VETERAN or email. You will need to provide evidence of the rent you pay.

Rent Assistance is payable to Service Pension, Income Support Supplement and Veteran Payment recipients who pay rent of more than the rent threshold of, as at 1 July 2021, \$125.80 (singles) and \$203.60 (couples combined) per fortnight.

You cannot receive Rent Assistance if you live in state or territory government public housing. If you or your partner already receive Rent Assistance with a Family Tax Benefit payment from Services Australia, you will not be eligible for Rent Assistance from DVA as well.

For more information, go to the DVA website's Rent Assistance and DFISA pages (after introduction of the legislation). More information will be provided in the next edition of Vetaffairs



Additional mental health support for white card holders.

The Hon Andrew Gee MP Minister for Veterans' Affairs Minister for Defence Personnel recently announced that ten thousand veterans with complex mental health needs will have access to a network of qualified GPs nationwide, following the expansion of support provided by the Australian Government.

The Coordinated Veterans' Care (CVC) Program has been expanded to provide additional support for DVA White Card holders with an accepted mental health condition. The Australian Government already provides free mental health care to anyone who has served one day in uniform, but the new program goes a step further in providing dedicated and coordinated care to veterans with chronic conditions and complex care needs.



No two veterans have had the same experience while in service and their level of health care requirements and support should reflect these differences. The CVC Program aims to specifically support each participant based on their individual needs. Expanding the program means veterans with complex mental health needs can access this life saving support through their local GP.

Our country asks so much of our men and women in uniform. In return, Australia needs to ensure they have the best care possible we can provide once their service concludes. This further mental health support is a very welcome and positive development. Previously open only to DVA Gold Card holders, the CVC Program engages General Practitioners and practice nurses to provide veterans in need with a multi-disciplinary care team, who develop and deliver comprehensive care plans to suit the individual needs of each veteran.

The CVC program has proven to be effective in reducing unplanned hospitalisation and improving the quality of life for veterans in need of critical mental health care. 4,888 GPs are already providing services to veterans and their families through the CVC program, and other GPs around Australia, who are not in the program already, are encouraged to consider joining.

The Australian Government is focused on addressing veteran mental health and suicide prevention within the Defence and veteran community. Expanding this program to Veteran White Card holders provides veterans with complex needs with the support they require to receive the best possible medical treatment.

White Card holders need to have an accepted chronic mental health condition and meet the other eligibility criteria of the CVC Program. For more information on the CVC Program and eligibility visit the <u>DVA website</u>.



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A Chinese bloke comes into the pub, stands next to me and starts drinking. I said to him "do you know any of the martial arts like Kung Fu, Ju-Jitsu or Karate"? He says to me, "why the hell you ask me that, is it because I'm Chinese?" "No" I said, "it's because you're drinking my bloody beer."

Veterans Home Care Program. Misleading information being circulated

DVA has become aware of emails circulating within the veteran community that contain inaccurate information related to the Veterans Home Care (VHC) Program.

The VHC Program provides access to low level services to assist eligible Department of Veterans' Affairs (DVA) clients to remain independent in their homes. Eligible DVA clients under the *Veteran's Entitlements Act 1986* (VEA) that hold a Veteran Gold Card, or Veteran White Card for an accepted service-related injury or condition, are eligible for an assessment to receive services under the VHC Program, such as domestic help, personal care, respite care, and safety-related home and garden maintenance.

The emails incorrectly state that the VHC Program 'may be discontinued due to lack of participation'.

DVA is <u>not considering</u> the discontinuation of the VHC Program for any reason. The VHC Program continues to be a well utilized and popular program, helping clients remain independent in their own homes. In 2020-21, the VHC Program provided services to over 36,000 clients.

The phone number provide in the email is also incorrect. Eligible DVA clients should contact their VHC Assessment Agency on **1300 550 450** to have an assessment for services. Information on the VHC Program is also available via our website: <u>dva.gov.au/vhc</u>.

Michael Harper Deputy Commissioner Victoria/ Assistant Secretary VEA Compensation & Support Client Benefits Division Phone: (03) 9284 6445

Vet Affairs Information kit.

The Hon David Feeney MP, Shadow Minister for Veterans' Affairs, has produced a very handy little booklet which provides a lot of information on the services provided by DVA. Although not answering all your questions, it does provide a comprehensive guide to services and payments available to veterans and their families. Although printed a few years ago, most of it is still current.



It is a 70 page booklet, possibly too big to print out, but you should save it to your computer as it could be a very handy reference for you.

You can get it <u>HERE</u>.

More face-to-face services for veterans and their families

Face-to-face services for veterans and their families are being expanded, thanks to an enhanced service arrangement between DVA and Services Australia.

From 1 July, veterans and their families have been able to receive face-to-face assistance for a range of DVA support services through the 318 Services Australia service centres located across the country.



The new arrangement expands on the services already available through some service centres and means that more face-to-face services, tailored for veterans and their families, will be available in regional and rural Australia. The new arrangements will have no impact on DVA's current Veterans' Affairs Network (VAN) offices. If you have a VAN office nearby, you can still access all services there.

How will the new services impact my family and me?

- Greater access to new service arrangements from 1 July 2021
- Easier for veterans and their families to access face-to-face services
- Increased access for those living in rural and remote areas to receive face-to-face support
- More equitable and connected face-to-face opportunities for veterans and families to access DVA services

What services can I access?

- Onsite wireless internet for public use, as well as access to self-service facilities including computers, printers and phones.
- Document lodgement.
- Certification of documentation.
- Checking that forms contain the right information.
- Support to create a MyService account.
- Printing documentation from MyService.
- Guidance on how to make updates to information when circumstances have changed.

You can use the new DVA face-to-face services in Services Australia sites around Australia. To find a Services Australia centre, visit the <u>find us page</u> on the Services Australia website.



Changes to exercise physiology arrangements.

The Government is keen to ensure that medical treatment services for veterans and war widow/ers are safe and effective. With that in mind, DVA works with clinical experts to get the most up-to-date advice about treatments and services.

As part of this work, clinical experts routinely provide advice to the department about various musculoskeletal services. Under DVA arrangements, musculoskeletal professions include physiotherapy, osteopathy, chiropractic and exercise physiology.



It has long been the case that DVA does not pay for concurrent treatment for the same condition from physiotherapists, osteopaths or chiropractors, because patients may not receive clinical benefit from this.

From 1 September 2021, exercise physiology – as a musculoskeletal treatment service – will be considered in a similar way. This means that DVA will not pay for the second service where a person has exercise physiology and another musculoskeletal service on the same day, for treatment of the same condition.

Read the full story on the **DVA website**.

Discount rates for veterans on North Queensland holidays

Defence Holidays North Queensland is a not-for-profit company owned by the soldiers of North Queensland since 1972.

It has recently bought the <u>Island Leisure</u> <u>Resort</u> located on Magnetic Island, North Queensland, which is a relaxing 20minute ferry ride from Townsville.

Along with its sister property, <u>Cocos</u> at Trinity Beach north of Cairns, it is available for holidays at a much-reduced rate (30% discount) for all serving and exserving personnel.





Public servants and emergency services from all states can also enjoy the same discount.

There is further information <u>HERE</u>.

Entitlements and services for veterans living overseas.

DVA Health Card arrangements are primarily designed to support entitled persons seeking treatment within the Australian health care system.

DVA has reciprocal arrangements in place with the United Kingdom, Canada and New Zealand. Treatment can sometimes be provided under reciprocal arrangements for accepted conditions, if necessary you should contact DVA



on <u>overseas.treatment@dva.gov.au</u> if you don't know what this is. Apart from the reciprocal arrangements, you cannot use your DVA Veteran Card outside Australia. See <u>HERE</u>.

The Last Shilling.

Australia's repatriation scheme, initiated in response to the First World War, has provided for returning service men and women for over a century. In the last quarter of that century, the repatriation system in Australia has undergone rapid and dynamic change. By 1994, the divestment of the old 'Repat' hospitals was already well advanced, most being absorbed into the

individual state healthcare systems, with the Department of Veterans' Affairs (DVA) in consequence becoming a major purchaser (rather than provider) of healthcare for the nation's veterans.

These veterans—together with war widows/widowers and other dependents—were by now an 'ageing clientele', or so DVA imagined. Statistics appeared to suggest that, although the pool of veterans would steadily decrease in the years ahead, the demand for specialist healthcare for the elderly would rise markedly. New policies were put in place to meet this changing requirement, while DVA began to ponder its long-term future. Although the fast dwindling 'first wave' of veterans from the First World War, together with the still substantial 'second wave' from the Second World War and post-1945 conflicts



such as Korea, had been augmented by a 'third' from the Vietnam War, DVA considered that one day its work and that of the Repatriation Commission would be complete, the metaphorical 'last shilling' having been paid to the last veteran.

However, by the early years of the new millennium, it was already apparent that DVA's 'ageing clientele' assumptions had been awry. A succession of 'out of area' and regional operations, including peacekeeping commitments, had begun quietly in the 1980s but in the following



decades grew in frequency and intensity. Cambodia, Rwanda, Somalia, East Timor, Bougainville, Solomon Islands, together with the Gulf War and operations in Afghanistan, Iraq and elsewhere, ensured the almost continuous deployment of the Australian Defence Force (ADF) in a way that had not been experienced before.

A major consequence of this activity was the emergence of an unexpected 'fourth wave' of veterans, young men and women who brought with them a wide range of new issues and new expectations, prompting major new policy initiatives by DVA. At the same time, responsibilities DVA acquired for militarv compensation and rehabilitation, leading to the Military Rehabilitation and Compensation Act 2004 and the creation of a new Military Rehabilitation and Compensation Commission to sit alongside the Repatriation Commission. existing Increasingly 'veteran-centric', DVA was now focussed firmly on the overall well-being of veterans, young and old, and by 2015 had embarked on a remarkable transformation journey to modernise infrastructure and processes and change the working culture within DVA.

Simultaneously, as the significant anniversaries of the First World War approached, DVA redoubled its Commemorations program, aiming to increase public



awareness of the sacrifices made by Australian servicemen and servicewomen, including Indigenous Australians, now as well as in the past, and to involve the veteran and ex-service community itself in a wide range of commemorative events.

In this impressive book, More than the last shilling, Professor Philip Payton, distinguished historian and Navy veteran, brings alive the fascinating story of the repatriation system in Australia, from 1994 until its centenary in 2018. He builds upon an earlier volume, The last shilling, published in 1994, which told the repatriation story up until that date and carried a foreword by one of my predecessors as Governor-General, Bill Hayden AC (1989–1996). In this book, employing a wealth of primary material, much of it consulted for the very first time, Professor Payton has skilfully woven together important facts, key events and telling anecdotes to illuminate a story that sheds new light on a vital aspect of Australia's most recent history. I commend this book to all Australians.

You can read the book <u>HERE</u>.



Q. What do you call a person who is happy on a Monday? A. Retired!