

## Suicide Intervention & Mental Health Literacy Workshops



"I wanted to look out for my mates and this course gave skills to help them"



Open Arms – Veterans & Families Counselling, in partnership with RSL Australia, are offering free training opportunities to those seeking to help family, friends, co-workers or others in the veteran community.

These suicide intervention and mental health literacy workshops are delivered in RSLs and major Ex-Service Organisations (ESO) around the country.

If you are an ESO and would like to get involved with this training please contact MSHP@ClinicalProgramsandPolicy@dva.gov.au or call 1800 011 046

For more information about the workshops and other programs offered by Open Arms, visit www.openarms.gov.au/get-support/treatment-programs-and-workshops